

Bilateral Halo Naevi of Breasts – Case Report

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A unique pictorial presentation of bilateral, halo naevi of breasts seen in pregnancy is being reported. Occurrence of such rare cases has not been documented earlier to the best of our knowledge. Otherwise halo naevi are known to be irregular, multiple and involve other body parts, especially the back.

A 25 years old booked antenatal primigravida had noticed depigmentation around her right breast areola eight months before her pregnancy. The patient did not take a serious note of this. In pregnancy, depigmentation progressed quickly in a halo fashion and involved the left breast and right nipple also. Left nipple was spared till date.

Presently the dimensions of the completely depigmented lesions (in post-partum period) are 7cmx6cm on right side and 5.5cmx5cm on left side, periphery contrastly marked as shown in photograph. No hypoaesthesia or hyperaesthesia was present on the lesions. Patient did not give any history of itching or tingling sensation.

Since spontaneous regression within few months is reported and with no harmful effect on breast feeding, the biopsy of lactating breast was neither advisable, not acceptable to the patient. So the decision to keep the patient under close observation was made. The patient was assured of normal lactational performance inspite of her reluctance to feed the child.



Photograph : Showing Bilateral Halo Naevi of Breasts